dingle way

trek-inn holidays



A self-guided tour of the magnificent Dingle Way (8 days / 7 nights).

This walk covers the most scenic sections of the Dingle Way. It is a fairly easy walk and does not involve too much in the way of ascent (except for the last day) and is therefore ideal for those who want to enjoy the splendour and beauty of the Dingle Peninsula without the pain.

This wonderful peninsula is liberally scattered with links to the history and legend of ancient Ireland – with relics and sites that cover the Stone Age,

Bronze Age and Iron Age. There are also early Christian, Viking and medieval sites to be explored.

This rich archaeological heritage and the oral tradition of local Irish folklore combine with the open warmth, friendliness and hospitality of the local populace to make a visit to the Dingle Peninsula a truly memorable and unique experience.



Day 1

You are met at the airport by our transport and transfer to your first night's accommodation at Annascaul.

Take some time to acclimatise with a walk around the village before your meal in the evening.

Day 2 (17km).

Transfer in the morning to the start of our tour at Camp and you then have an easy day's walking to get your legs

under you.

Take a gradual ascent from Camp along small roads lined with fuchsia. Follow farm tracks to rise to a saddle and enjoy the view across Dingle Bay to the distant peaks of the MacGillycuddy Reeks.

Continue with a gentle walk down to Inch Strand and then along further easy paths into Annascaul town and your stay for the night.

Day 3 (21km).

Your walk today from Annascaul skirts the southern coast of the Dingle Peninsula toward Minard Head. Visit the famous Minard Castle, destroyed by Cromwellian forces in 1650 and used as a location in the filming of "Ryan's Daughter".

Then follow farm tracks to rise from the village of Lispole and traverse along the lower slopes of Slievanea. Continue to follow the path and cross under the Connor Pass to descend to colourful Dingle town.

Day 4 (15km).

This is a day for your cameras! Start by being transported from Dingle town to Ventry strand. Traverse the strand and then take An Bothar Dorcha (The Dark Road) around Mount Eagle and enjoy the impressive views of Slea Head.



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Each hour is filled with new sights – you pass beehive huts, promontory forts and breathtaking views over the sea cliffs to the Blasket Islands. Finish your walk today in the small village of Dunquin.

Day 5 (Blasket Islands).

In the morning you can visit the Dunquin Heritage Centre (admission not included). Then travel by boat to the Blasket Islands – now deserted, as the last inhabitants left here in 1954.

The Great Blasket has over 1,100 acres of largely unspoilt mountainous terrain and provides the opportunity for many scenic walks before you return to the mainland in the afternoon and back to your accommodation in Dunguin.

Day 6 (19km).

Take the coastal path today to pass by Smerwick Harbour and the remains of the Dun An Oir Fort – the site of a



massacre of a brigade of Italians, Spaniards and Basques in the Munster rebellion of 1580.

Come out on to the beautiful sands of Béal Bán strand and follow the beach to Wine Strand (Trá an Fhiona). Continue along the coast to Murreagh and your stop at Ballydavid for the night.



Day 7 (23km).

Your last day's walking is a spectacular one. Follow the coast to Feohanagh and then start the ascent of Brandon Head. Climb alongside the steep cliffs to a height of almost 650m, with views of Brandon Mountain itself.

Then cross over the shoulder at the side of Masatiompan - which is marked at the highest point by a 3,500-year-old Ogham Stone. Continue to descend to Brandon Point and on to the village of Cloghane and the end your journey.

Transfer to Dingle, Tralee or Listowel where you spend your final night. Take the time to enjoy one of the many traditional Irish music nights in the local hostelries for a last immersion in the unique craic of the Irish!

Day 8.

Transfer back to the airport or station for your return journey.

Overview

Grade B / C
Hills or coastal walking

8 Days (7 Nights)

Prices and Dates

Please see separate Pricing Sheet / Website.

Options

Option 1 - Standard Package

- 7 nights accommodation, based on two adults sharing, in Irish Tourist Board approved hotels and guesthouses (normally with en-suite facilities).
- Transfers to and from Kerry Airport or Killarney or Tralee train stations.
- Meals consist of a full Irish breakfast each morning.
- Luggage transfer each day along the route, detailed daily route notes, and map(s).

Option 2 - Meals Package

- 7 nights accommodation, based on two adults sharing, in Irish Tourist Board approved hotels and guesthouses (normally with en-suite facilities).
- Transfers to and from Kerry Airport, Killarney or Tralee train stations.
- Meals consist of a full Irish breakfast each day, packed lunch, and a two/three course meal each evening. Drinks are not included.
- Luggage transfer each day along the route, detailed daily route notes, and map(s).

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